### Smart and Robotic Homes:

### SmartBathroom: Developing an Environment to Study/Facilitate Bathroom Transfers

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Rehabilitation Engineering Research Center on Technologies to Support Successful Aging with Disability



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### RERC Research Areas

#### **Health and Well-being**

**Empowering: Independence;** Health self-management; In-home rehab; Wellness; Social connectedness

#### **Connected Home Experience**

Simplifying smarthome setup & management; Data/behavior-driven home control; Whole home gaming; Sustainability (resource management)

11:15







Georgia



### Assessing Function to Inform Adaptive Supports in the Home

### <u>Hypothesis</u>:

In-situ assessment of individual function can contribute to identification of daily and longitudinal trends that will allow automated adaptation of the environment to support greater independence of the individual.



#### **Aware Home Floorplan**







Kinect for Gait Speed Analysis

Proof of Concept Gait Speed Measurement Device



### SmartBathroom

A lab designed to study transfer performance in a home bathroom environment



#### Integrate Physical and Digital Worlds:

Develop a bathroom environment with embedded sensors capable of assessing an individual's abilities at any point in time and automatically adjusting supportive environmental features to accommodate those abilities.

#### Goal:

Explore task performance during toilet, shower and bath transfer of older adults (60+), who can ambulate with or without a caregiver, but who have <u>physical upper or lower-body impairment</u>

#### RERC TechSAge Prior Research: Demonstration of Transfers



#### RERC TechSAge Prior Research: Demonstration of Toilet Transfers



# RERC SmartToilet Development



### SmartToilet Features

#### **Sensing Capabilities**

- SmartFloor detect foot location and weight shift
- SmartGrabbar measure grip location, strength, weight and direction of forces during transfer
- SmartToiletSeat detect weight and during transfer and weightshift while seated.



### SmartToilet Features

#### **Adjustable Features**

- Toilet
  - Height (motorized)
  - Horizontal position
- Bi-lateral toilet grabbars
  - Height relative to toilet seat
  - Horizontal distance relative to toilet center line

![](_page_12_Picture_9.jpeg)

![](_page_13_Picture_0.jpeg)

### SmartFloor

- Floor sits on top of load cells
  - Detect location and vertical forces

![](_page_13_Picture_4.jpeg)

![](_page_13_Picture_5.jpeg)

### SmartGrabbar: Grip

- Force/location sensors on top of bars
  - number of hands
  - position of hands
  - relative grip strength
- Force sensors on sides and bottom
  - type of grip
  - relative grip strength

![](_page_14_Picture_9.jpeg)

![](_page_14_Picture_10.jpeg)

![](_page_15_Picture_0.jpeg)

### SmartGrabbar: Support Forces

Load cells support grab bars

 Provide precise force / direction

![](_page_15_Figure_4.jpeg)

![](_page_15_Picture_5.jpeg)

### SmartGrabbar: Support Forces

Load cells support toilet seat

- Forces during transfer
- Weight shift while seated

![](_page_16_Picture_5.jpeg)

![](_page_16_Figure_6.jpeg)

![](_page_17_Picture_0.jpeg)

![](_page_17_Figure_1.jpeg)

![](_page_18_Picture_0.jpeg)

#### **Study Plans**

- Monthly Visits / trials with target participants to build a dataset of function over time.
- Identify data (devices) most useful for identifying changes in function and where supports might improve performance
- Explore patterns in dataset of individuals and across individuals as related to

#### Expansion

- Develop SmartBathing Testbed
- Long-term: Automate aspects of the bathroom to facilitate personalized transfer

![](_page_18_Picture_8.jpeg)

## Thank you

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# R E R C TechSAge

#### Rehabilitation Engineering Research Center on Technologies to Support Successful Aging with Disability

![](_page_19_Picture_4.jpeg)

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