



Leveraging Team Strengths

Pre-work Part 2

STEP 1: Watch the Part 2 of the Effective Team Dynamics (ETDF) videos

STEP 2: Download the ETD App – if using an iPhone, it must NOT be in DARK MODE so that the APP works properly.

STEP 3: Chose one of the following 3 questions to think about as you do the “My Mindset” activity with the ETD APP.

1. What mindset do you need to have to work well with your Center team?

Write your two-word pair that you generated with the my mindset activity (using the ETD APP) on the lines below.

_____.

With this mindset, what will you being doing or not doing to work well with your Center team?

What I will be doing...

What I will not be doing....

2. What mindset do you need to have to bring your expertise to your Center team?

_____.

What I will be doing...

What I will not be doing....

3. What mindset do you need to have to shift from “work” to “home”?

What I will be doing...

What I will not be doing....

Extended Discussion:

Other situations to think about:

What mindset do I need in my daily tasks?

What mindset do I need I am dealing with a difficult problem or difficult person?

What mindset do I need to have for my next “important” meeting?
