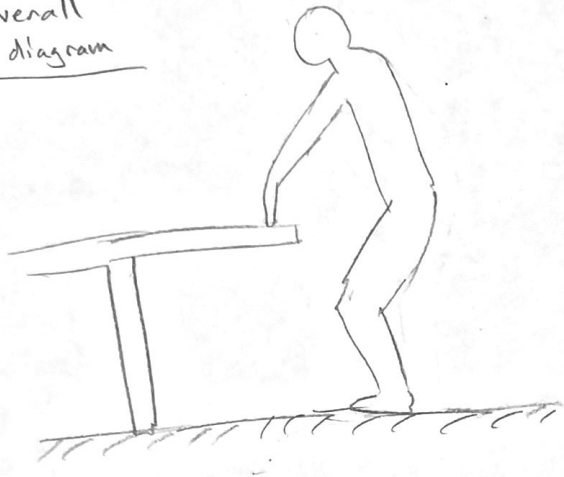
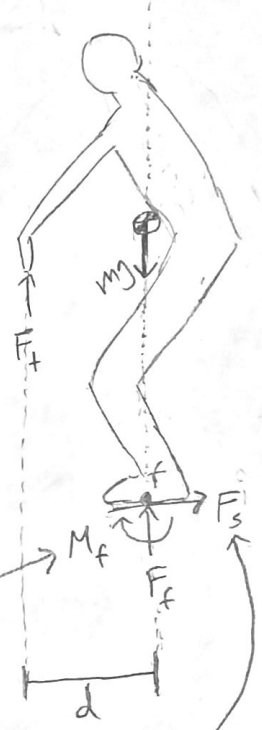


Stand up and push on desk with finger(s) / thumb(s) / hand(s)

overall diagram



first attempt at FBD



model as being in static eq.

$$\sum \vec{F} = 0$$

$$\sum \vec{M}_a = 0$$

F<sub>s</sub> = 0  
so should erase this

M<sub>f</sub> ≤ 0  
so should redraw this in the other direction and make M<sub>f</sub> = dF<sub>+</sub>

$$\sum F_x = F_s = 0$$

$$\sum F_y = F_+ - mg + F_f = 0$$

$$F_+ + F_f = mg$$

$$\sum M_{/f} = -M_f - dF_+$$

$$M_f = -dF_+$$

Final FBD



$$F_+ + F_f = mg$$

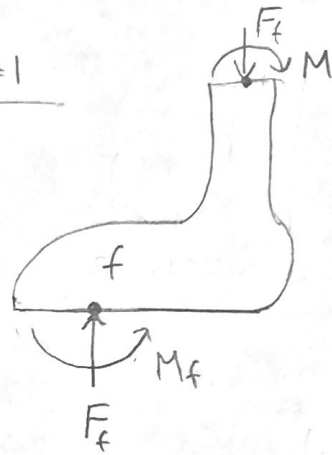
$$M_f = dF_+$$

What is happening at the feet?

overall diagram



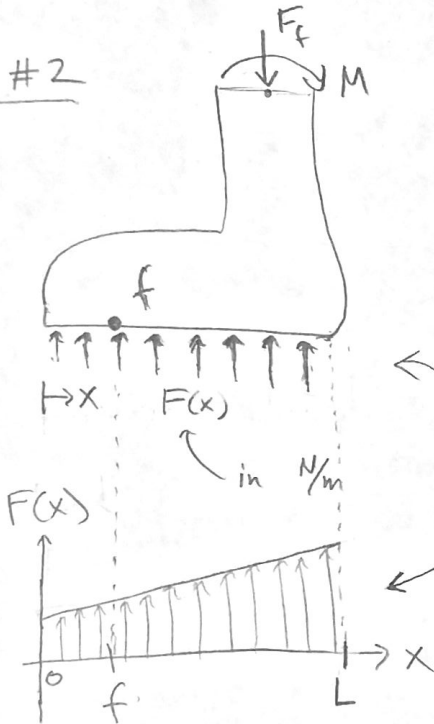
FBD #1



$$M_f = dF_f$$

$$F_f = mg - F_f$$

FBD #2



model as a distributed load

We can also represent this distributed load with just an upward force with no moment by finding the new location,  $f_{new}$ , on the foot for which the associated moment is 0.

$$M_{f_{new}} = \int_0^L (x - f_{new}) F(x) dx$$

find  $f_{new} \Rightarrow M_{f_{new}} = 0$

$$0 = \int_0^L (x - f_{new}) F(x) dx$$

$$0 = \int_0^L x F(x) dx - \int_0^L f_{new} F(x) dx$$

$$\int_0^L f_{new} F(x) dx = \int_0^L x F(x) dx$$

constant

$$f_{new} = \frac{\int_0^L x F(x) dx}{\int_0^L F(x) dx} = \frac{\int_0^L x F(x) dx}{F_f}$$

$$F_f = \int_0^L F(x) dx = mg - F_f$$

$N$  (upward),  $N/m$  (upward),  $m$  (downward)

$$M_f = \int_0^L (x - f) F(x) dx = dF_f$$

$Nm$  (upward),  $m$  (upward),  $N/m$  (upward),  $m$  (downward)

center of pressure